DEPARTMENT OF HUMAN CONSCIOUSNESS & YOGIC SCIENCES

Sl. No.	Name of the student	Register number	Title of the project/Field project/Internship/embedded apprenticeship, skill-based training with Industrial Focus	Name of the Guide and affiliation
1.	Ramesh	P05AZ22S135020	Effect of yoga therapy on insomnia for old age people	Dr. K. Krishna Sharma
2.	Muthannagari Vishnu	P05AZ22S135021	Case study on the effect of yoga therapy in five female geriatric population	Dr. K. Krishna Sharma
3.	Anita B. Ilakal	P05AZ22S135022	Effect of Yoga Therapy on five subjects	Dr. K. Krishna Sharma
4.	Sudarshana Shrikanth Naik	P05AZ22S135023	Effect of Yogic Practices and Chandrayana Vrata on Lung Function	Dr. K. Krishna Sharma
5.	Indira Agnihothri	P05AZ22S135024	Impact of selected yogic techniques on different clinical symptoms – As Individual Based Detailed case study	Dr. K. Krishna Sharma
6.	Deekshitha K.J.	P05AZ22S135025	A study on the influence of yogic practices on premenstrual syndrome among female	Dr. K. Krishna Sharma
7.	Savitri Hiregoudra	P05AZ22S135026	Effect of yoga therapy on Dysmenorrhea among B.Ed students	Dr. K. Krishna Sharma
8.	Sushma B. Bangera	P05AZ22S135027	A study on the impact of 30 day yoga therapy on backache and body mass index of female post graduate students in Dakshina Kannada	Dr. K. Krishna Sharma
9.	Sahana Manjunath Gowda	P05AZ22S135028	Effect of yogic practices along with chandrayana vrata on Girth and skinfold thickness in selected subjects of the Mangalagangothri campus	Dr. K. Krishna Sharma
10.	Deepti Padmanabha Bhat	P05AZ22S135029	Effect of chandrayana vrata along with some specific yogic practice on overall health wellbeing in MU campus people	Dr. K. Krishna Sharma

11.	Raghavendra R O	P05AZ22S135030	A Study on the effect of chandrayana vrata along with	Dr. K. Krishna Sharma
			yogic practices on obesity	
12.	Vikas	P05AZ22S135031	The Effect of Yogic Practices	Dr. K. Krishna
			on overall well being among	Sharma
			PG student and Research	
			Scholar	
13.	Karthik K.	P05AZ22S135032	Effect of yogic practices on	Dr. K. Krishna
			memory power of vedic	Sharma
1.4	G1: : G A :	DOT 4 722 C 1 2 5 0 2 2	students	D. H. H. I.
14.	Shivaraj S Awari	P05AZ22S135033	Effect of yoga therapy on	Dr. K. Krishna Sharma
1.5	Karthik U	D05 4 7220125024	quality of sleep	
15.	Kartnik U	P05AZ22S135034	The effect of yoga therapy on overall health of selected	Dr. K. Krishna Sharma
			college students.	Sharma
16.	Madhusmitha K	P05AZ22S135035	A study on the effect of yogic	Dr. K. Krishna
10.	Widdiusiiitiid IX	1 031 12223 133033	practice on Geriatric health	Sharma
17.	Roshan R Hegde	P05AZ22S135036	Comparative study of yoga	Dr. K. Krishna
			and physical exercise on	Sharma
			overall health of BCM boys	
			hostel students	
18.	Mamatha B B	P05AZ22S135037	A study on the effects of yoga	Dr. K. Krishna
			therapy on perceived stress	Sharma
			level management among	
			B.Ed students	
19.	Narayan Timalsina	P05AZ22S135038	Effect of yoga on Respiratory	Dr. K. Krishna
			health of vedic students	Sharma

Chairperson
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